

The “Celebrating Taurus Season” Checklist

- Go for a hike. This time around, nature is in full motion. Awakening to the energy and power of this vibrant season.
- Listen to music (and sing) as often, as different and whenever possible. The sensual sign of Taurus and music go hand-in-hand.
- Take naps. Lots of them. Oh, and without setting your alarm. Naps are a great way to unwind, especially the uninterrupted kinds.
- Pick a fancy restaurants. Enjoy a great, delicious and expensive meal. Go ahead —and make this a part of your monthly schedule.
- Go green! Set up a new recycling system at home, turn off all appliances when not in use and set up a few more houseplants.
- Empty a junk drawer or closet or space that’s a little too cluttered and make it more comfortable, soothing to your sense.
- Be selective about what news you consume, what social media influencers you follow and how much time you spend online.

